



# Society of Saint Vincent de Paul

## Vancouver Island

### 1<sup>st</sup> Annual Retreat, 2009

## THE CHALLENGE AND JOY OF “DOING IT UNTO JESUS”

### FRIDAY MAY 22<sup>ND</sup>

- 3:00 PM to 8:00 PM: Check-in and Registration  
8:00 PM to 9:00 PM: **Conversion From Goats To Sheep**: A personal reflection on Matthew 25:31-46  
9:00 PM TO 9:15 PM: Night Prayer in the Chapel (Breviaries will be available)  
9:15 PM TO 10:00 PM: Social

### SATURDAY MAY 23<sup>RD</sup>

- 7:45 AM to 8:00 AM: Morning Prayer in the Chapel  
8:00 AM to 9:00 AM: Breakfast  
9:00 AM to 10:00 AM: **Finding Comfort In Our Afflictions**: A reflection with St. Paul's 2 Corinthians 3-11  
10:00 AM to 10:15 AM: Refreshment Break  
10:15 AM to 11:30 AM: Quiet time for personal reflection and prayer  
11:30 AM: Mass in the Chapel  
12:00 PM to 2:00 PM: Lunch and personal time  
2:00 PM to 3:00PM: **We Do Not Lose Heart**: A reflection with St. Paul's 2 Corinthians 4:1-12  
3:00 PM to 3:15 PM: Refreshment Break  
3:15 PM to 4:15 PM: **We Aim For Heaven**: A reflection with St. Paul's 2 Corinthians 4:13-5:10  
5:00 PM to 5:15 PM: Evening Prayer in the Chapel  
5:30 PM to 6:30 PM: Dinner  
6:30 PM to 9:00 PM: Fr. Dean will be available for counseling and Reconciliation.  
9:00 PM TO 9:15 PM: Night Prayer in the Chapel

### SUNDAY MAY 24<sup>TH</sup>

- 7:45 AM to 8:00 AM: Morning Prayer in the Chapel  
8:00 AM to 9:00 AM: Breakfast  
9:00 AM to 10:00 AM: **Sharing Christ's Ministry Of Reconciliation**: A reflection with St. Paul's 2 Corinthians 5:11-21  
10:00 AM to 10:15 AM: Refreshment Break (don't forget the 1 hr fast before Communion)  
11:00 AM: Mass in the Chapel  
12:00 PM to 1:00 PM: Lunch  
1:00 PM: Check-out